

PGKM SCHOOL

SHRI. HARIBHAI DESAI VIDYADHAM, MARKET YARD
ANNEXE, 63/2 KONDHWA, PUNE - 411048

अंतर्नाद

Tune-in to Alpha World

Ramanlal T Shah
Pre-Primary Section

Jairaj Group
Primary Section

Vallabhbhai Lalji Patel
Secondary Section

PGKM

AN ULTRA MODERN GURUKUL

॥ धियो यो नः प्रचोदयात् ॥

JANUARY 2024 EDITION

75TH REPUBLIC DAY CELEBRATION



The 75th Republic Day was joyously and magnificently celebrated at PGKM with great enthusiasm. We took pride in hosting not only the esteemed trustees of the PGKM Mandal but also representatives from diverse educational institutes affiliated with the PGKM umbrella. We were privileged to have Sachin Gadgil Sir and Sunil Deodhar Sir as our distinguished guests of honour. The flag hoisting took place by the hands of respected Janakbhai Shah along with Hemantbhai Maniar and the guests of honour in the presence of the school director Dr Kedar Walimbe and principal Mrs Prajakta Bhide. The students conducted a march past to honour the event.



Republic Day Celebrations and Student Performances



In a bid to instill the fundamental values of democracy, PGKM School recently conducted a vibrant election process, engaging the entire school community. The enthusiasm and participation displayed by students reflected their commitment to democratic principles. Following this democratic exercise, a new student council emerged, ready to serve the school with honesty and integrity.

The culmination of this democratic endeavor was marked by a solemn pledge-taking ceremony on an auspicious day. Our newly elected student council members pledged their dedication to serving the school community. The oath, administered by our esteemed director, Dr. Kedar Walimbe, symbolized a collective commitment to upholding democratic ideals within our educational institution. This event evoked a sense of pride and unity among all present, signifying a significant step towards fostering responsible citizenship among students.

The spirit of democracy continued to flourish as the school celebrated Republic Day, marking the establishment of a student-run government body. The festivities commenced with a captivating march-past, showcasing the discipline and unity of our student body. Following this, students from grades 4 to 7 enthralled the audience with a lively lezim performance, demonstrating their cultural prowess.

The highlight of the event was the mesmerizing music and dance performances, which not only entertained but also infused a deep sense of patriotism among the audience. Through their heartfelt expressions of love for Mother India, students demonstrated their profound understanding of national pride and identity.



Our Chief Guests

Sunil Deodhar Sir

We had the privilege of hearing Sunil Deodhar sir on the 75th Republic Day at PGKM, and it was an experience that will linger with all the listeners for a lifetime. Sunil Deodhar sir, a hardcore politician who has done extensive work in the Northeast region of India, is a teacher at heart. He shared captivating stories with our students, not only capturing their attention but also imparting valuable lessons that will remain with them as they continue to grow.

His interactive stories effectively kept the students engaged and actively participating. The underlying message conveyed was to consistently consider the well-being of others, not just oneself. Always extend a helping hand to others whenever possible and avoid selfish pursuits.

The bond between a mother and her children is characterized by selflessness, unconditional love, and purity. A son or daughter would never betray or act against their mother for material possessions. Similarly, we share an analogous connection with our country, referring to it as Bharat Mata and regarding it as our mother. We must strive to share the same selfless connection towards our country and with our fellow countrymen.



Sachin Gadgil Sir

We were fortunate to have the chance to hear from Mr. Sachin Gadgil as he enthralled the audience with tales from his extensive travels. The stories he shared about his encounters with individuals holding anti-national sentiments left the entire audience in awe. Mr. Gadgil passionately encouraged all of us to embark on a journey through the heart of India, emphasizing the significance of exploring the country from the grassroots level.

He stressed the importance of connecting with the local communities whenever we venture into new places. Mr. Gadgil's narrative served as a powerful reminder of the rich tapestry of cultures and traditions that make up our diverse nation. He urged us to engage with the people, understand their way of life, and appreciate the diversity that defines India.

Furthermore, Mr. Gadgil emphasized the crucial role each one of us plays in contributing to the betterment of society. He underscored the need to actively work towards uplifting the underprivileged and creating a positive impact on the communities we encounter. His words left a lasting impression, inspiring us to not only be avid travellers but also responsible and compassionate individuals dedicated to the welfare of our society.

As we concluded our Republic Day celebration, we would carry forward the spirit of unity, diversity, and patriotism that binds us together as a nation. May we always strive to uphold the values enshrined in our Constitution and work towards a brighter, more inclusive future for all.



On the 6th of January, a heartwarming celebration unfolded at the school. It was a day dedicated to the support staff, to honour and appreciate their invaluable contribution towards the growth of the school. Their families were also invited to be a part of this event. The school grounds were transformed into a festive atmosphere with vibrant decorations that included colourful banners and eye-catching selfie points.

The main focus of the event was to recognize the hard work and dedication of the support staff, who often work tirelessly behind the scenes to ensure the smooth functioning of the school. The highlight of the day was the personalized hand-held banners that had heartfelt messages like "You are a great mother" and "I am proud of you." These banners were specially crafted for the support staff members to hold while taking pictures, creating a memorable and touching experience for them.

The atmosphere was filled with joy, laughter, and a sense of camaraderie as families enjoyed various activities and shared special moments. From enjoying group photos at the designated selfie points to engaging in fun games and activities, the event fostered a sense of unity and appreciation among the school staff and their loved ones.



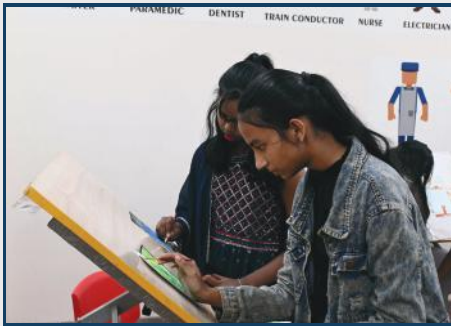
PGKM Recognizes Support Staff with Personalized Letters



In addition to the festivities, the school also organized a small ceremony to present personalized letters of appreciation to the support staff. The letters were presented by the director of the school Dr Kedar Walimbe as the principal Prajakta Bhide announced their names stating the strengths . This gesture further highlighted the school's commitment to recognizing and valuing the efforts of every individual who contributes to the success of the educational institution. A delightful array of activities to engage both children and adults in an enriching experience was also curated. Alongside the festive decorations and personalized banners, the school arranged diverse hobbies, ensuring the children of the support staff had an evening filled with creativity and fun.



A Diverse Range of Activities to Delight Everyone



A delightful array of activities to engage both children and adults in an enriching experience was also curated. Alongside the festive decorations and personalized banners, the school arranged diverse hobbies, ensuring the children of the support staff had an evening filled with creativity and fun

Children were provided with opportunities to explore various hobbies such as dance, djembe, origami, and painting. These engaging activities not only allowed the youngsters to discover and nurture their talents but also served as a means of fostering a sense of accomplishment. A story session and a German language session were also organized, adding an educational touch to the day, and the children thoroughly enjoyed these interactive and culturally enriching experiences.

Simultaneously, the elders were treated to a series of entertaining activities designed to bring laughter and joy to the celebration. Funny 1-minute games became a highlight, with participants engaging in activities like repeating Bollywood dialogues and singing songs with humorous twists. These activities not only brought out the playful spirit of the elders but also created an atmosphere of camaraderie and shared laughter.

Teachers Turn Chefs: A Flavorful Evening at the School

A delightful dinner was hosted in the school's canteen, featuring the universally loved Pavbhaji, Pulav and Gulabjamun as the main course. These delectable dishes, a favorite among both the young and old, added a flavourful touch to the evening. What made the dinner truly special was the active participation of the teachers, who wholeheartedly engaged in not only serving the scrumptious meal but also in the hands-on process of buttering and heating the bread.

The canteen buzzed with a lively atmosphere as teachers embraced the opportunity to contribute to the dinner experience. Their involvement went beyond traditional roles, as they took on the enjoyable task of enhancing the Pavbhaji by personally attending to the preparation of the accompanying bread. This interactive and collaborative approach turned the meal into a fun and memorable exercise for everyone present.

As the sun set on this memorable Family Day, the school echoed with a collective sentiment of gratitude, leaving everyone with a deep appreciation for the bonds that make a school community truly special.



Student Election Campaigns: A Platform for Growth and Connection



Campaigning for student elections provides a valuable opportunity for candidates to expand their horizons, express their ideas, and forge meaningful connections with their peers. It serves as a platform for candidates to articulate their visions, propose initiatives, and showcase their leadership potential in serving the student body. During the recent elections, students from 5th, 6th, and 7th grades took proactive steps to engage with the entire school community, from the pre-primary section to the security guards and other staff members. They emphasized the significance of elections and outlined their future responsibilities once in office.

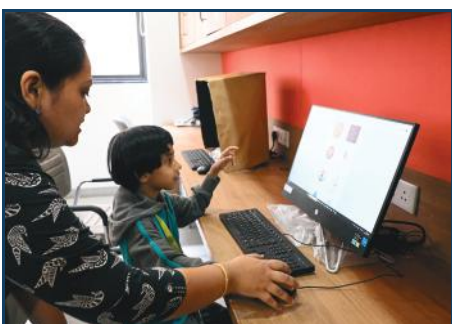
These campaigns not only foster a sense of civic engagement among students but also highlight the importance of leadership and service within the school community. By stepping out of their comfort zones and actively participating in the electoral process, candidates demonstrate their commitment to making a positive impact and driving change within their school environment.



Empowering Student Leadership: A Unique Election Experience



PGKM school aims to develop future global leaders who would lead the nation. To help them embark on this journey we had to initiate this process at an earlier age, we thought of creating opportunities for them by involving them in the school administration system. A student election process to formulate a student council of 10 members was initiated on 26th November 2023. This unique event was a deliberate effort to provide students with hands-on experience in managing their school, emphasizing the democratic principle that the school belongs to them and should be governed by them. After an initial class election round, a formal school election process was run by students. It was a replica of how an election process runs in our nation.



Empowering Student Leadership: A Unique Election Experience



They had designed their logos, and mottos, ran campaigns, and got to interact with all stakeholders in school to know their problems, with an election commissioner on board they also observed "The Achaar Sanhita". Being an ultra-modern gurukul, we had technology-enabled vote casting on 12th January. The entire show was managed and executed by student volunteers. Students, teachers, admin staff, support staff, drivers, security, and canteen staff had been allotted ward numbers and cast their votes accordingly. An exit poll review was taken and finally on 17th January results were announced. Winning candidates officially received their appointment letters. They took an oath as student council on the 75th Republic Day on 26th Jan 2024. The oath was administered by the school director Dr Kedar Walimbe. The work tenure of the student council would be from 26th Jan 2024 to 30th April 2025. During this tenure, they would be heading various departments related to school administration and would also hold a right to voice their opinion. This experience would deepen students understanding of democratic principles and the responsibilities associated with being elected leaders.



Oath taking ceremony of Student Council



Student vote count & Pledge

Winners	No. of votes
Aarav Sarkar {5C}	206
Keya Chordiya {5C}	117
Krushna Katke {7B}	88
Rajveer Pokar {5B}	69
Janak Patel {7A}	57
Palash Doshi {5A}	47
Veer Patel {6A}	46
Dhruvi Mane {6C}	43
Saanvi Shetty {5B}	42
Mahi Bafna {6B}	32



PGKM
AN ULTRA MODERN GURUKUL
॥ धियो यो नः प्रचोदयात् ॥
Haridwar Deval Vidyapeeth



26
January
HAPPY REPUBLIC DAY

Pledge – Student council (January 2024 – April 2025)

We, the members of -The Student Council of PGKM School, solemnly pledge to fulfil our duties with utmost zeal, devotion and determination.

We will uphold the values like empathy, trust, discipline and honesty of our Ultra-Modern Gurukul School.

We will execute our responsibilities with integrity and dignity to serve for excellence and betterment of our school and society.

We will be the voice for our peers, representing their concerns and aspirations, and working towards the betterment of our school community.

We promise to serve our school and fellow students with humility, recognizing that true leadership is grounded in selflessness.

Through our work, we will ensure that the PGKM flag continues to soar high as we lay the foundation for a more prosperous and radiant 'Vikasait Bharat' in 2047.

With dedication and passion, we embrace the responsibility of being a core member of the student council.

Jai Hind



ISRO Educational Tour: Gujarat's Science Marvels Explored



The ISRO Excursion in Ahmedabad, Gujarat, took place from January 28th to 31st, providing students in grades 5, 6, and 7 with an enriching and holistic learning experience that transcended traditional classroom boundaries. The students explored various environments, including Gujarat Science City, Adalaj Stepwell, Vintage Car Museum, Amul Factory, Institute of Plasma Research, Akshardham Temple, Indroda National Park, and the Indian Space Research Organisation. This exposure expanded their perspectives, ignited curiosity, and equipped them with the ability to adapt to new situations.

On the initial day of our excursion, we visited Gujarat Science City, situated along the Sarkhej Gandhinagar Highway. The visit included an interactive gallery showcasing advancements in robotics. The Aquatic Gallery provided a memorable journey into the underwater world, featuring diverse aquatic life, including various fish and sharks. The Hall of Science served as a spacious research facility where students engaged in hands-on learning exhibits and explored scientific concepts through practical applications. Notably, the IMAX experience left a profound impact, offering a globally renowned and immersive film experience.





On the following day, the destination was the Adalaj Stepwell, situated in the small town of Adalaj near Gandhinagar city in the Indian state of Gujarat. Constructed in 1498 in memory of Rana Veer Singh by his wife, Queen Rudadevi, the stepwell served as a fascinating lesson for students. They gained insights into the multifunctional aspects of stepwells, which not only functioned as water reservoirs but also as communal spaces for social gatherings, rituals, and artistic expressions.

Next, visit was one of the most extensive private collections of vintage cars, where a variety of cars, bikes, buggies, and utility vehicles were on display. The students enjoyed interactive exhibits that illustrated the progression of automotive design and technology.

On the third day of our journey, we explored the AMUL factory. The visit commenced with a warm reception at the AMUL Factory, where students were acquainted with the history, mission, and cooperative model of AMUL. A comprehensive presentation traced the evolution of AMUL from its inception as a cooperative movement to its current standing as one of the world's largest dairy producers. Students were given a firsthand look at the entire journey of milk, from collection to processing, packaging, and distribution. Guided tours through the processing plant provided insights into the cutting-edge technology employed to ensure the quality and safety of AMUL dairy products.





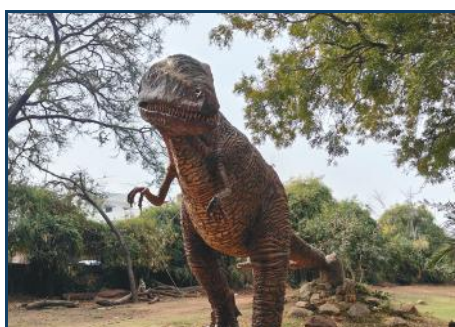
Next was a visit to the Swaminarayan Akshardham complex which serves as more than just a place of worship, it stands as a cultural center hosting exhibitions that portray the cultural heritage, values, and contributions of Indian civilization. Students engaged deeply in interactive displays showcasing India's rich history and spiritual wisdom.

During the IPR tour, scientists acquainted the students with the basics of plasma science, the fourth state of matter, and its relevance in the realm of controlled nuclear fusion. In-depth presentations by eminent scientists offered a thorough understanding of the institute's research objectives and ongoing projects. Students had the opportunity to witness the Tokamak, an experimental device designed for extracting energy from fusion. Within the tokamak, the energy generated through fusion reactions could be observed firsthand.



Day 4 of the educational journey commenced at the Indroda Dinosaur National Park, where students delved into the field of paleontology, immersing themselves in the study of fossils and prehistoric artifacts. Guided by experts, tours unveiled an extensive collection of fossils, spanning ancient marine life to plant specimens, providing a foundational understanding of the Earth's geological history. Students also explored the varied plant life that coexisted with dinosaurs, gaining insights into ancient ecosystems.

The enlightening and awe-inspiring experience continued with the educational trip to the Indian Space Research Organisation (ISRO). Scientists began with a comprehensive presentation on the history and milestones of ISRO, highlighting India's remarkable achievements in space research. Students were introduced to various satellite launches, interplanetary missions, and the notable Mangalyaan mission to Mars. A visit to ISRO's Navigation Centre offered insights into the functioning of the Indian Regional Navigation Satellite System (IRNSS) and its role in enhancing the accuracy of location-based services across the country. Participating in this excursion and gaining these lasting experiences can deeply influence students, shaping their future interests, career paths, and personal growth.



Sow, Grow and Glow: Cultivating English

On the 13th of January, a workshop aimed at parents of students ranging from 1st to 5th grades was successfully conducted under the title "Sow, Grow and Glow: Cultivate English." The facilitator for this insightful session was Pooja teacher. Emphasizing a crucial aspect of child development, she underscored the significance of parents dedicating quality time to their children, with a specific call to action to keep gadgets at bay during these interactions.

Pooja teacher articulated the essential role of meaningful dialogue in language acquisition and vocabulary development. During the workshop, she delivered a compelling PowerPoint presentation that delved into the necessity of incorporating various interactive methods into the learning process. Special emphasis was placed on play-based approaches such as role-playing and board games, showcasing their potential to enhance language skills engagingly and enjoyably.



The core message conveyed revolved around the idea that language proficiency is not solely an academic pursuit but a skill best honed through practical and interactive experiences. By steering parents away from over-reliance on electronic devices and encouraging activities like role play, the workshop aimed to foster an environment where language learning becomes a dynamic and shared experience between parents and children. In her presentation, Pooja teacher provided valuable insights into the cognitive benefits of incorporating play way methods into language education. The participants were urged to embrace activities that promote not only linguistic competence but also social and emotional growth in their children. By promoting the concept of "Sow, Grow and Glow," the workshop sought to instill a sense of holistic language cultivation in parents, encouraging them to plant the seeds of communication skills, nurture them through interactive practices, and witness the glowing results as their children flourish linguistically.



Yoga at PGKM: Empowering Minds, Nurturing Bodies



Yoga is not just a physical exercise, it is a holistic discipline that integrates the mind, body, and spirit. Through the practice of yoga, our students learn valuable life skills such as mindfulness, stress management, and self-awareness. By engaging in yoga sessions regularly, students develop the ability to focus their attention, regulate their emotions, and cultivate a sense of inner peace and balance. Yoga promotes physical fitness and flexibility, helping students to maintain a healthy body and prevent injuries. The various yoga asanas pose not only strengthen muscles and improve flexibility but also enhance respiratory function and boost immune health.



Felicitation of SOF achievers



The Prize Distribution Ceremony for SOF English and GK exams was not just a recognition of achievement but a celebration of the passion for learning and the potential of every young mind. It marked a significant chapter in the lives of the students, motivating them to reach greater heights in their educational pursuits. The air was filled with excitement and anticipation as students and educators gathered at the auditorium to celebrate the outstanding achievements of young minds in the SOF English and General Knowledge Examinations. The Prize Distribution Ceremony, a testament to the hard work and dedication of the participants, unfolded with grandeur and enthusiasm. The presence of Anuj Gandhi sir and Sandeep Bhai Shah sir from the PGKM trust along with the school director Dr Kedar Walimbe and the principal Mrs Prajakta Bhide added a flavour of motivation to the ceremony. The event commenced with a warm welcome address, acknowledging the presence of esteemed guests and the brilliant students who had excelled in the SOF English and GK exams. The highlight of the ceremony was undoubtedly the moment when the meritorious students were called upon the stage to receive their well-deserved awards.



Prize Distribution for for the Veshbhoosha Competition



The much-anticipated prize distribution for the grade 1 and 2 Veshbhoosha Competition was held on 11th January 2024 in the school auditorium.

It was a joyous occasion, filled with applause, cheers, and smiles. Each winner received a certificate of achievement and a book as a token of appreciation. The prizes and certificates were given away by the principal, Prajakta madam. As the winners were announced, the accomplishments of the winners were highlighted, and a brief description of what set them apart in their respective categories was shared with the audience.

The event was not just about winning prizes but about fostering creativity, building confidence, and creating lasting memories for our young participants. The prize distribution ceremony served as a culmination of these efforts, celebrating the unique talents and imagination of each child who took part in this enchanting extravaganza. Congratulations to all the participants, and may their enthusiasm for creativity continue to shine brightly in the years to come!



PGKM hosts NABET training



NABET, an acronym for the National Accreditation Board for Education and Training, operates as a constituent Board under the Quality Council of India. NABET has initiated an accreditation program for Quality School Governance nationwide, aiming to establish a framework for the efficient administration and implementation of comprehensive educational programs focused on the holistic development of students.

PGKM School played host to this training event within its premises, attracting participation from notable schools. The training sessions were conducted on the 20th, 21st, and 22nd of January. It was a significant honor for the school to be selected as the venue for such an important event.

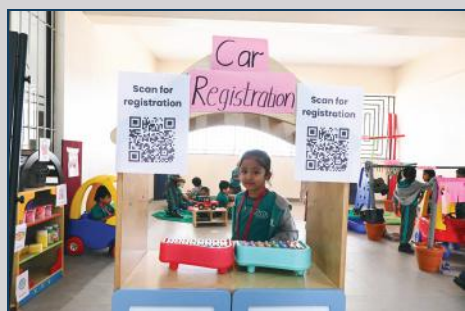


Lets Go Boating Lakshadweep



Our preschoolers embarked on an exciting boating adventure, fostering sensory exploration and enhancing their skills. The children practiced gripping and manipulating the plastic paddles, enhancing their fine motor skills and hand eye coordination. Boating in pairs encouraged collaboration and communication among little ones. The open-ended nature of the activity allowed imaginative play as children created stories and scenarios. The boating activity proved to be delightful and educational experience for our preschoolers. As they sailed through imaginary sea, the children not only honed their fine motor skills but also developed social and emotional skills. The hands-on adventure provided a memorable learning opportunity, reinforcing the importance of play in early years.

Pre-primary Car wash



The car wash activity aimed to engage young learners a hands on and sensory experience. This activity fostered fine and gross motor skills development while enhancing creativity and cooperation among the children. Children were engaged in tactile experience through touching soapy water , sponges and wet towels. Different group activities promoted collaboration and communication among children. Little ones were encouraged to use their imagination. They learnt about cleanliness and taking care of belongings. Encouraging teamwork and turn taking

We are proud of.....

We take immense pride in announcing that **Aarav Sarkar**, after securing the gold medal at the Pune District Taekwondo Association Competition and went on to represent Pune District at the state-level Taekwondo Association of Maharashtra championship. His exceptional skills and dedication earned him the second position, winning the prestigious Silver medal, surpassing participants from all districts in Maharashtra. Aarav's outstanding achievement reflects not only his personal commitment but also the level of excellence he brings to our team. Congratulations on this remarkable accomplishment!



We are proud our little star **Veer Nikam**, studying in **Jr.Kg A** class for getting 1st prize in the Inline skating camp organised by SRPF.

1. Reserve Police Force (SRPF) 2024 - Gold Medal (1st position)
2. Roller skating championship 2024 - Silver Medal (2nd position)



Our little star **Pihu Pipada** from **Sr. Kg - G** has made us very proud by securing a gold medal in the Lathar stick fight in the Bushi Bu Martial arts competition held in Delhi.



Punjab Unveiled: A Culinary and Cultural Odyssey



Lehraate khet, Saawan ke jhoole - These words evoke the imagery of Punjab, the state known as the Granary of India. To immerse our students in the vibrant culture and rich heritage of Punjab, we selected it as the theme of the month at PGKM. Our goal was not only to introduce them to the picturesque landscapes of green farms and mustard flowers but also to provide an educational experience. In the canteen, a spread featuring iconic dishes such as makke ki roti, sarso ka saag, kada prasad, dal makhni, rice, and lassi was arranged. This culinary journey allowed students to explore the gastronomic delights of Punjab, connecting them with the state's rich culinary heritage. Through this immersive experience, the educational outcome extended beyond the visual and culinary aspects. Students gained a deeper appreciation for the cultural, historical, and agricultural significance of Punjab, fostering a more comprehensive understanding of this dynamic and vibrant Indian state.



Theme for the month of February



Star recipe of the month - Kada Prasad

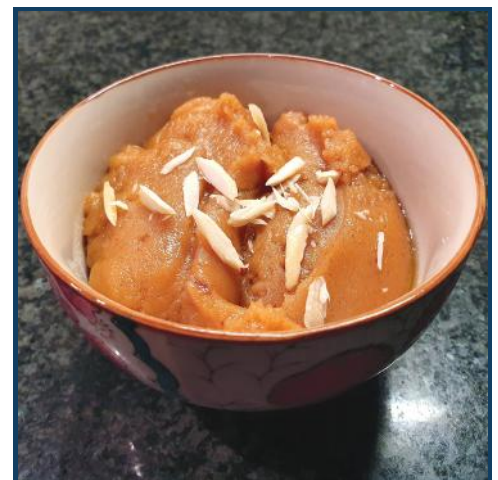
Kada Prasad, also known as Atta Halwa, is a traditional Punjabi sweet prepared in gurdwaras and households. Here's a simple recipe:

Ingredients:

- 1 cup whole wheat flour
- 1 cup ghee
- 1 cup sugar
- 3 cups water
- Dry fruits (optional)

Instructions:

1. Heat a heavy-bottomed pan or kadhai on medium heat and add ghee to it.
2. Once the ghee is hot, add the whole wheat flour to the pan.
3. Roast the atta in ghee on low to medium heat, stirring continuously to avoid burning. The atta should turn golden brown and give off a nutty aroma. This process usually takes about 10-15 minutes.
4. In a separate saucepan, bring water to a boil. Slowly add the boiling water to the roasted atta, stirring continuously to prevent lumps from forming.
5. Add sugar to the mixture and continue to stir until the sugar dissolves completely.
6. Cook the mixture on low heat until it thickens and reaches a halwa-like consistency. This usually takes around 10-15 minutes.
7. Once the kada prasad is ready, turn off the heat and transfer it to a serving bowl.
8. Garnish with chopped dry fruits like almonds or cashews, if desired.
9. Serve the kada prasad hot as a sacred offering or prasad, or enjoy it as a delicious sweet treat.



Note: The key to making perfect kada prasad lies in roasting the atta in ghee until it's golden brown and aromatic. Additionally, stirring continuously is crucial to prevent the formation of lumps and ensure a smooth texture. Adjust the amount of sugar according to your taste preferences.

CANTEEN MENU - FEBRUARY

CANTEEN MENU FEB-2024

Date	Day	Breakfast	LUNCH						Snacks
			Soup / curd	Roti	Vegetable	Dal	Rice	Salad	
1/2/2024	Thursday	Shevai Upma	Butter Milk	Chapati	Bharli Wangi / Green Tomato	Phodniche Varan	Plain Rice	Tomato/ carrot Slice	Sprout Bhel
2/2/2024	Friday	Veg Sandwich	Tomato Soup	Chapati	Lal Math	Mix Dal	Plain Rice	Banana Koshimbir	Khakra with Peanut Chutney& Ghee
3/2/2024	Saturday								
4/2/2024	Sunday								
5/2/2024	Monday	Veg Poha	Butter Milk	Chapati	Mutter Paneer	Dal Fry	Jeera rice	Carrot/Tomato slice & Papad	Nachni Laddu
6/2/2024	Tuesday	Masala Puri	Lemon Coriander Soup	Chapati	Aloo Cabbage	Gujarati Dal	Plain Rice	Raddish Koshimbir/Curd	Soya Stick
7/2/2024	Wednesday	Veg.Daliya	Butter Milk	Chapati	Pithle	Tomato Saar	Plain Rice	Onion tomato Koshimbir	Banana
8/2/2024	Thursday	Sanja	Butter Milk	Chapati	Akkha Masoor		Phodniche Bhat	Boondi Raita	Corn Chivda
9/2/2024	Friday	Moong Chilla with Tomato Sauce	Veg Clear Soup	Chapati	Lasuni Palak / Palak	Amti	Plain Rice	Curd Beetroot koshimbir.	Rajgira Laddu
10/2/2024	Saturday								
11/2/2024	Sunday								
12/2/2024	Monday	Tarri Pohe	Manchow Soup	Chapati	Besan Capsicum	Kadhi	Moong dal khichadi	Onion,Carrot Slice & Papad	Diet Chiwda
13/02/24	Tuesday	Sabudana Khichadi/ Khakra Peanut Chutney& Ghee	Butter milk	Chapati	Matki	Varan	Plain Rice	Cucumber Tomato mix koshimbir	Rava Nariyal Laddu
14/02/24	Wednesday	Idli Chutney	Corn Soup	Chapati	Tondli	Shevga Amti	Plain Rice	Aloo mint Raita	Apple
15/02/24	Thursday	Upma	Butter milk	Chapati	Batata Bhaji / Keli bhaji	Dal Fry	Veg Pulav	Kakadi raita	Bhadang
16/02/24	Friday	Indori Pohe	Butter milk	Chapati	Shev bhaji	Gujarati Dal	Plain Rice	Sprout Salad	Gauva
17/02/24	Saturday								
18/02/24	Sunday								
19/02/24	Monday			Holiday					
20/02/24	Tuesday	Methi Paratha with Tomato Sauce	Jeera Buttermilk	Chapati	Flower Mutter/ Mutter	Dal fry	Plain Rice	Boiled beetroot slice	Mathari
21/02/24	Wednesday	Vegetable Daliya Khichadi	Butter Milk	Chapati	Paneer Masala	Moong Dal	Plain Rice	Boondi Raita	Chikku
22/02/24	Thursday	Uttapa and Chutney	Minestrone Soup	Chapati	Shepu	Tomato Saar	Jeera Rice	Cucumber/ Gajar Slice	Corn Chat
23/02/24	Friday	Sanja	Butter Milk	Chapati	Gatta Bhaji	Gujrathi Dal	Plain Rice	Kakdi Koshimbir	Jawari Lahi
24/02/24	Saturday								
25/02/24	Sunday								
26/02/24	Monday	Dadpe pohe	Jaljeera	Chapati	Chana Masala	Dal Fry	Plain Rice	Carrot Koshimbir	Rajgira Ladu
27/02/24	Tuesday	Aloo paratha (without stuffing) / keli paratha	Butter Milk	Chapati	French Beans with Grated Coconut	Mix Dal	Plain Rice	Mix Koshimbir	Jeera Biscuit
28/02/24	Wednesday	Sabudana Khichadi/ Khakra Peanut Chutney& Ghee	Broccoli soup	Chapati	Chavali (Leafy Vegetable)	Kadhi	Plain Rice	Cucumber / Tomato Slice	Papaya
29/02/24	Thursday			Thailand Theme					